

# Financial Fitness Day



**February 9, 2019 8am - 10 am**

**At Move Train Thrive Fitness Studio**

**635 N 9th St, STE A Kalamazoo, MI 49009**

Hosted by: Melissa Anderson, Certified Personal Trainer &  
Stacy J Caudill, AAMS®, CDFATM, WMS, Financial Advisor

**Join Melissa Anderson and Stacy Caudill for your Financial Fitness Day!**

**8 - 9 am - BootCamp and Core Conditioning**

While Melissa gives your heart and body a workout, Stacy will entertain your financial, retirement and investment questions

**9 - 10am - Yoga**

Enjoy Vinyasa Flow Yoga with Melissa and alleviate your retirement and investment concerns with Stacy

**RSVP is appreciated by February 1, 2019:**

269-775-3163 or [mulderteam@raymondjames.com](mailto:mulderteam@raymondjames.com)



**MOVE TRAIN THRIVE LLC**  
**FITNESS STUDIO**  
Personal Training  
Small Group Fitness

635 N 9th St, STE A Kalamazoo, MI 49009  
[www.moretrainthrive.com//269-254-2702](http://www.moretrainthrive.com//269-254-2702)

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